

国医传承

孙洽熙教授运用“调中下气汤” 治疗萎缩性胃炎临床经验*

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摘要:孙洽熙教授善于使用自拟方“调中下气汤”治疗慢性萎缩性胃炎,孙老认为萎缩性胃炎因脏腑阴阳升降失常,土郁木贼,气滞血瘀,日久缠绵不愈,以致胃粘膜受损,而发生萎缩、肠化生、异型增生,甚至癌变。“调中下气汤”有健脾疏肝、理气和胃、升清降浊之效,临床用药可随症加减,疗效明显。

关键词:慢性萎缩性胃炎;脏腑阴阳;升降失常;调中下气汤;孙洽熙

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Professor SUN Qia - xi's Clinical Experience in Treating Atrophic Gastritis with Tiaozhong Xiaqi Decoction

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Abstract: Professor SUN Qia - xi is good at treating chronic atrophic gastritis with the self - made prescription Tiaozhong Xiaqi decoction. Professor SUN believes that atrophic gastritis is caused by abnormal rise and fall of Yin and Yang of Zang Fu organs, stagnation of Qi and blood stasis due to abnormal rise and fall of Yin and Yang of Zang Fu organs, stagnation of Qi and blood stasis caused by thieves in Middle Earth, Qi stagnation and blood stasis, resulting in gastric mucosal damage, atrophy, intestinal metaplasia, dysplasia and even canceration. ‘Tiaozhong Xiaqi Decoction’ has the effects of strengthening the spleen and soothing the liver, regulating Qi and stomach, ascending the clear and reducing turbidity. The clinical medication can be added or reduced according to the symptoms, and the curative effect is obvious.

Keywords: Chronic atrophic gastritis; Viscera Yin and Yang; Abnormal ascending and descending; Tiaozhong Xiaqi Decoction; SUN Qia - xi

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名家麻瑞亭为师,尽得黄氏医术之秘髓,麻老医术之精蕴。从事中医临床、科研等工作五十余年,擅用黄元御创制的“调中下气汤”,将其化裁成十二首系列方剂,用治内伤杂病、疑难重症,疗效甚佳。

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