

论 著

· 学术探讨 ·

海金沙本草考证^{*}

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摘要:目的 通过对海金沙的历代本草考证, 为海金沙药材进行品质评价、引种驯化、资源评估等提供本草考证依据。方法 考证历代主流本草著作。结果 厘清了历代本草中海金沙的名称、基原、入药部位、产地、品质、产地加工等内容。结论 海金沙为治疗淋症之要药, 《中国药典》所载唯一以孢子为入药部位的中药材。海金沙所在属在我国有 10 种, 其中曲轴海金沙和小叶海金沙孢子常被混入海金沙孢子中作海金沙用, 给用药造成了混乱。因此为正本清源, 本文对文献报道、历版《中国药典》、历代本草著作、市场调查报告进行系统梳理。得出历代使用的海金沙原植物主要为海金沙科海金沙 *Lygodium japonicum* (Thunb.) Sw., 其产地分布广泛, 存在一定变迁。

关键词: 海金沙; 本草考证; 基原; 产地变迁; 品质评价

中图分类号: R282.71 文献标识码: A 文章编号: 2096-1340(2021)01-0055-08

DOI: 10.13424/j.cnki.jstcm.2021.01.009

Textual Research on The Materia Medica of Haijinsha

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Abstract: Objective: To provide evidence for the quality evaluation, introduction and domestication, and resource evaluation of Haijinsha through the textual research of the ancient Chinese herbs of Haijinsha. **Methods:** Textual research on the mainstream works of Materia Medica in the past dynasties. **Results:** The name, origin, medicinal parts, producing area, quality and processing of Haijinsha were clarified. **Conclusion:** Haijinsha is an important drug for treating gonorrhea, and the only Chinese medicinal material with spore as its medicinal part in Chinese Pharmacopoeia. There are 10 species belonging to the genus of *Rhabdomys* in China. Among them, the spores of *Rhabdomys crassicarpa* and *S. microphylla* are often mixed into the spores of *S. japonicus*, which causes confusion in drug use. Therefore, in order to get the root straight, this paper systematically combs the literature reports, historical editions of *Chinese Pharmacopoeia*, ancient herbal works and market research reports. It is concluded that the original plant of the genus *Lygodium japonicum* (Thunb.)

* 基金项目: 中央本级重大增减支项目-名贵中药资源可持续利用能力建设(2060302); 2018 年中医药公共卫生服务补助资金第四次全国中药资源普查项目(财社[2018]43 号)

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