

国医传承

陈炜主任辨治支气管哮喘经验探析^{*}

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摘要: 支气管哮喘是呼吸系统疾病常见的一种慢性气道炎症疾病, 运用中医药辨证论治哮喘具有独特的优势。陈炜主任对于哮喘常从“风、痰、瘀、虚”四个方面辨证施治, 清除诱因、祛风散邪, 寒风异治、化痰定喘, 久病通络、活血化瘀, 固本培元、健脾益肺, 并结合穴位贴敷、膏方调理, 临床疗效显著。

关键词: 支气管哮喘; 风; 痰; 瘀; 虚; 冬病夏治; 穴位贴敷; 冬病冬治; 膏方; 陈炜

中图分类号: R256.12 **文献标识码:** A **文章编号:** 2096-1340(2021)01-0043-05

DOI: 10.13424/j.cnki.jsctcm.2021.01.006

Experience of Prof. CHEN Wei in Treating Bronchial Asthma

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Abstract: Bronchial asthma is a common chronic airway inflammation disease of respiratory system diseases. It has unique advantages to treat asthma with TCM syndrome differentiation. Director CHEN Wei has worked in the clinical for many years and has rich experience. He often treats asthma from the four aspects of "wind, phlegm, blood stasis and deficiency" according to syndrome differentiation, clearing the inducements, dispelling wind and dispersing pathogenic factors, treating cold and wind differently, resolving phlegm and relieving asthma, dredging collaterals due to chronic diseases, activating blood circulation and removing blood stasis, strengthening the body and nourishing Yuan, strengthening the spleen and benefiting the lung, and combining acupoint application and ointment treatment. The clinical effect is remarkable.

Keywords: Bronchial asthma; Wind; Phlegm; Blood stasis; Deficiency; Treatment of winter disease in summer; Acupoint application; Winter disease treatment in winter; Ointment prescription; CHEN Wei

支气管哮喘属于慢性气道炎症疾病, 多种细胞及细胞组分参与其中, 伴有气道高反应性, 同时存在可逆性气流受限, 随着病程的进展会出现气道的重构, 具有反复性, 多变性^[1]。目前全球患病率高, 严重影响患者的日常生活^[2]。临床对于支气管哮喘的治疗多以糖皮质激素和 β_2 受体激动

剂为主, 虽然对患者的病情能够起到一定的缓解和控制作用, 但同时也伴随许多不良反应的发生, 往往效果达不到预期^[3-4]。笔者导师, 陈炜主任医师, 师从全国名中医韩明向教授, 为国家第五批名老中医学术经验继承人, 从事临床、科研与教学工作十余载, 擅长运用中医理法方药辨证分析治疗

^{*} **基金项目:** 国家重大疑难疾病临床防治中心-中医药重大疑难疾病能力建设项目(支气管哮喘); 国家中医药管理局“十二五”重点学科-中医老年病资助项目(2012-170)

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