

岐黄新语

肺脾并调诊治疑难杂病*

曹利平¹ 陈涛² 李耀辉¹

(1. 陕西省中医医院, 陕西 西安 710003; 2. 西安交通大学第一附属医院, 陕西 西安 710061)



曹利平

1954年2月出生,女,陕西西安人,陕西省首届名中医,陕西省中医医院一级主任医师,陕西中医药大学硕士研究生导师,中国中医科学院中医师承博士生导师,全国中医药专家学术继承指导老师,享受国务院政府特殊津贴专家。国家中医药管理局确定的2013年全国名老中医药专家传承工作室建设项目专家,陕西省有突出贡献专家,陕西省保健委员会专家组成员,全国首届百名杰出女中医,获陕西省卫生厅白求恩精神奖。

摘要:呼吸系统疾病诊治应以清肺为本,其次注重清肺与健脾有机结合,并不拘舌脉辨症状,综合运用解表清里,配伍健运脾胃之品,清肺方药平和,重视调畅气机,清热重视扶正,善用祛风药,并形成相对固定方剂清金化痰汤。肿瘤术后、放化疗后治疗首重脾胃,扶正祛邪,调整体质,平衡阴阳,达到带瘤生存的良好生活状态,为临床治疗提供借鉴与参考。

关键词:曹利平;肺;脾;咳嗽;肿瘤;辨证

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On the Treatment of Difficult Miscellaneous Diseases by Regulating the Lung and Spleen

Cao Liping, Chen Tao, Li Yaohui

(1. Shaanxi Hospital of Traditional Chinese Medicine, Xi'an Shaanxi, 710003)

(2. Shaanxi Hospital of Traditional Chinese Medicine, Xi'an Shaanxi, 710003)

Abstract: Clearing the lung is the primary treatment of respiratory system disease while combining with invigorating the spleen, which is not confined to the syndrome differentiation of the tongue and pulse. The comprehensive administration of medicine which can relieve the exterior symptoms combines with the medicine which can invigorate the spleen and stomach. The mild lung-clearing medicine can regulate the qi activity, whereas the heat-clearing drugs can support the vital qi. The wind-dispelling formula is rationally used to form the relatively stable formula -- Qingjin Huatan Decoction. After the tumor surgery or radiotherapy and chemotherapy, the spleen and stomach are the first organs to which im-

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