

陕西中医药大学附属医院 抗击新冠肺炎疫情“4 + 4”模式^{*}

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摘要: 新冠肺炎发生以来, 快速向全国各地传播, 做好疫情防控是各级医疗机构的首要工作。如何快速、有序、高效、安全的开展防控并没有成熟的经验。陕中附院借鉴 SARS 疫情防控经验结合本地区疫情和防控需要, 制定出“4 + 4”医院防控管理模式, 从“院内管控”和“院外支援”两个层面进行全面部署。院内管控包括“院感防控”“分层诊疗”“宣传培训”“物资调配”四个方面的工作; 院外支援包括“组建援鄂医疗队”“科研攻关”“区域支持”“网络咨询”四个方面的工作。较好地开展了本次疫情防控工作, 将此经验予以分享。

关键词: 新冠肺炎; 疫情防控; “4 + 4”模式

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The 4 + 4 Pattern to Prevent and Control Coronavirus Disease 2019 in Affiliated Hospital of Shaanxi University of Chinese Medicine

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Abstract: Since the occurrence of Coronavirus Disease 2019 (COVID - 19), it has been quickly spreaded to all parts in china, and the prevention and control of epidemic situation is the primary work of medical institutions at all levels. There is no mature experience as for how to carry out the prevention and control quickly, orderly, efficiently and safely. We have drawn up the pattern of “4 + 4” to prevent and control COVID - 19 in Affiliated Hospital of Shaanxi University of Chinese Medicine (SZFY Hospital), it was learned from the experience of SARS and the actual situation. There are two parts “in - hospital prevention and control” and “out - of - hospital support” in the pattern, and it involved “hospital infection prevention and control” “layered diagnosis and treatment” “publicity and training” and “materials deployment” in “in - hospital prevention and control”. It involved “assembling a medical team to assist Hubei” “scientific research” “regional support” and “network consulting” in “out - of - hospital support”. The epidemic prevention and control work was carried out well and this experience was shared.

Keywords: COVID - 19; Epidemic Prevention and Control; “4 + 4” Pattern

今年一月以来, 新冠肺炎疫情由武汉向全国各地快速的传播, 各地医院很快投入到了抗击疫

情的队伍。陕西中医药大学附属医院(以下简称“陕中附院”)作为本地区最大的三级甲等中医医

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