

中医“治未病”理论 指导新型冠状病毒肺炎防治的思考

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摘要:自武汉爆发新型冠状病毒(2019-nCoV)肺炎以来,由于其快速的传染性和巨大的危害性,使寻找有效的治疗手段成为当前医疗工作的重中之重。通过专家和广大中医同仁的不懈努力,中医药在治疗新型冠状病毒肺炎上的疗效已得到充分认可。“治未病”作为中医理论精华,集预防、治疗、预后为一体,对多种疾病有重要指导意义。为此,本文将运用“治未病”理论探讨中医药对新型冠状病毒肺炎的防治,充分挖掘中医药对新型冠状病毒肺炎的治疗潜力。

关键词:新型冠状病毒肺炎;2019-nCoV;治未病

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Thoughts on Prevention and Treatment of COVID-19 by TCM Theory of “Preventive Treatment of Disease”

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Abstract: Since the outbreak of COVID-19 in Wuhan, due to its rapid contagion and great harm, finding effective treatments has become the top priority of current medical work. Through the unremitting efforts of experts and colleagues of the Chinese medicine practitioners, the efficacy of traditional Chinese medicine in the treatment of this disease has been fully recognized. “Preventative treatment of disease”, as the essence of traditional Chinese medicine theory, integrates prevention, treatment, and prognosis, and has important guiding significance for many diseases. To this end, this article uses the theory of “preventative treatment of disease” to explore the prevention and treatment of COVID-19 with Chinese medicine, and fully explore the therapeutic potential of traditional Chinese medicine for it.

Keywords: COVID-19; 2019-nCoV; preventative treatment of disease

自从武汉地区在2019年12月报道第一例新型冠状病毒(2019-nCoV)起,截至2020年2月9

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