

名老中医经验

闫咏梅教授运用醒脑解郁胶囊“异病同治”
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摘要:闫咏梅教授运用醒脑解郁胶囊辨证论治卒中后抑郁症、郁证、不寐, 疗效显著, 体现了中医学异病同治思想在临床治疗中的重要性, 大量的实验研究结果说明“醒脑解郁胶囊”治疗卒中后抑郁症疗效可靠, 不良反应少。未来基于异病同治原则, 会进一步推广应用醒脑解郁胶囊防治其他脑血管疾病, 并辅以相关实验研究做支撑。

关键词:醒脑解郁胶囊; 异病同治; 脑血管病

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Professor Yan Yongmei's Clinical Experience in Treating Different
Diseases with the Same Therapy of Xingnao Jieyu CapsuleLiu Yanni¹, Zhang Ting^{2,3}, Huang Guoshen^{2,3}, Yan Yongmei¹(1. Affiliated Hospital of Shaanxi University of Chinese Medicine, Xianyang China, 712000;
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Abstract Professor Yan Yanmei uses Xingnao Jieyu capsule to treat post-stroke depression, depression syndrome, and insomnia, and has obvious curative effect, which demonstrates the significance of the TCM theory of “treating different diseases with the same therapy”. A large number of experimental results show that Xingnao Jieyu capsule is effective in treating post-stroke depression and has fewer adverse reactions. In the future, based on the principles of treating different diseases with the same therapy, Xingnao Jieyu capsule will be further promoted to prevent and treat other cerebrovascular diseases, and supplemented by relevant experimental research.

Keywords Xingnao Jieyu capsule; treating different diseases with the same therapy; cerebrovascular diseases

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西医结合脑病诊治, 多年来致力于脑病的临床和科研工作, 尤其在卒中后抑郁症、郁证、不寐的诊治方面独具特色。针对卒中后抑郁症, 闫咏梅教

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