

穴位按摩在脑性瘫痪胫神经缩窄术后的临床疗效观察^{*}

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摘 要:目的 探讨穴位按摩在脑性瘫痪胫神经缩窄术后的临床疗效。方法 将 60 例患儿应用随机对照法分为治疗组和对照组,每组各 30 例,对照组给予术后常规护理,治疗组在对照组的基础上给予穴位按摩,治疗后两组临床效果进行评价,比较两组治疗效果。结果 胫神经缩窄术后给予穴位按摩,对改善患儿术后疼痛,下床时间,术后并发症等方面,治疗组的疗效优于对照组。结论 穴位按摩可明显提高胫神经缩窄术后的临床疗效。

关键词:穴位按摩;脑性瘫痪;胫神经缩窄术;临床疗效

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Clinical Observation of Acupoint Massage on Cerebral Palsy after Tibial Nerve Coarctation

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Abstract Objective: To investigate the clinical effect of acupoint massage on cerebral palsy after tibial nerve coarctation. Method: 60 cases of children were randomly divided into treatment group and control group, with 30 cases in each group. The control group was given routine postoperative care. The treatment group was given acupoint massage on the basis of the control group. After treatment, the clinical effects of the two groups were evaluated, and the therapeutic effects of the two groups were compared. **Result:** Acupoint massage after tibial nerve coarctation can improve the postoperative pain, the time of getting out of bed and postoperative complications, and the effect of the treatment group is better than that of the control group. **Conclusion:** Acupoint massage can remarkably improve the clinical effect after tibial nerve coarctation.

Key words acupoint massage, cerebral palsy, tibial nerve coarctation, clinical effect

小儿脑性瘫痪它属于一种运动性伤残,严重影响儿童生长发育^[1],而胫神经缩窄术治疗脑瘫已经成为脑瘫治疗的有效方法之一。手术治疗创伤大,术后患儿不同程度的出现疼痛等各种并发

症,调查显示,约 40% 的手术患儿经历过中度至重度疼痛,其中,75% 的患儿术后疼痛没有得到有效镇痛^[2],积极有效的术后镇痛,可以消除患儿疼痛和情绪紧张,有利于患者早期下床活动,促进胃肠

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