

# 针刺配合补阳还五汤加味治疗中风偏瘫 100例临床观察<sup>\*</sup>

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**摘要:** **目的** 探讨针刺配合补阳还五汤加味治疗中风偏瘫的临床疗效影响。 **方法** 100例中风偏瘫患者按抽签随机分为对照组48例与治疗组52例。对照组针刺治疗, 治疗组在对照组的基础上配合补阳还五汤加味治疗, 比较两组临床效果。 **结果** 对照组总有效率70.83%明显小于治疗组总有效率90.38% ( $P < 0.05$ ); 通过Brunnstrom评定表比较, 两组在治疗后偏瘫功能恢复均较治疗前改善, 但对照组明显低于观察组 ( $P < 0.05$ )。 **结论** 针刺配合补阳还五汤加味治疗对中风偏瘫的临床疗效显著, 值得推广。

**关键词:** 针灸; 补阳还五汤; 中风; 偏瘫

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## Clinical Observation on the Treatment of 100 Cases of Apoplectic Hemiplegia by Acupuncture Combined with Buyang Huanwu Decoction

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**Abstract Objective:** To investigate clinical effect of acupuncture combined with Buyang Huanwu decoction in treating apoplectic hemiplegia. **Method:** 100 cases of apoplectic hemiplegia were randomly divided into the control group (48 cases) and the treatment group (52 cases). The control group was treated with acupuncture, and the treatment group was treated with acupuncture combined with Buyang Huanwu decoction, the clinical effect of the two groups was compared. **Result:** The total effective rate of the control group was 70.83%, which was significantly lower than that of the treatment group (90.38%) ( $P < 0.05$ ). The functional recovery of hemiplegia after treatment in both groups was better than that before treatment by Brunnstrom rating scale, but was significantly lower in the control group ( $P < 0.05$ ). **Conclusion:** Acupuncture combined with Buyang Huanwu decoction in treating apoplectic hemiplegia has remarkable clinical effect and is worth promoting.

**Key words** acupuncture, Buyang Huanwu decoction, stroke, hemiplegia

中风(Stroke)又名脑卒中,主要临床表现为猝然昏倒,不省人事,口角歪斜,言语蹇涩,并出现半

身不遂。2008年我国居民第三次死因调查结果显示,脑血管病已成为第一位的死因,死亡率远高于