

名老中医经验

方朝晖教授运用“久病入络”思路治疗糖尿病周围
神经病变经验*吴袁元¹ 张佳乐² 方朝晖^{3**} 郭锦晨⁴ 董圆振¹(1. 安徽中医药大学中医临床学院, 安徽 合肥 230038; 2. 安徽中医药大学针灸骨伤临床学院, 安徽 合肥 230038;
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摘要:方朝晖教授治疗糖尿病周围神经病变博采众长, 经验丰富。通过辨证求因, 重视对病因、病机的分析, 尤其对糖尿病“久病入络”的思想有着独特的发挥, 认为气血阴阳亏虚为本, 痰瘀阻络为标。治疗上以息风通络、滋养肝肾, 化瘀通络、培生新血, 祛湿通络、清热解毒为主, 特色鲜明, 疗效满意。

关键词:消渴病; 糖尿病周围神经病变; 消渴痹症; 久病入络; 方朝晖

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Professor Fang Zhaohui's Experience of Treating Diabetic Peripheral
Neuropathy Following the Thought “Chronic Diseases
Transforming to Collaterals”Wu Yuanyuan¹ Zhang Jiale² Fang Zhaohui³ Guo Jinchen⁴ Dong Yuanzhen¹

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Abstract Professor Fang Zhaohui learned widely from other doctors' strong points and has accumulated rich experience in treating DPN. By differentiating syndrome for etiology, he attaches great importance to the analysis of etiology and pathogenesis and has unique understanding of the thought “chronic diseases transforming to collaterals” as for diabetes. He thinks that interior deficiency is the origin, phlegm stagnation in collaterals is the superficiality and the treatment should give priority to calming endogenous wind and dredging collaterals, nourishing liver and spleen, removing blood stasis and dredging collaterals, generating new blood, eliminating dampness and dredging channels, clearing heat and removing toxicity, which has distinctive features and satisfactory curative effect.

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