

文献研究

针灸治疗帕金森病临床随机对照试验的质量评价*

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摘要:目的 评价国内针灸治疗帕金森病(PD)临床随机对照试验的质量, 以及探索临床试验如何提高针灸试验方法的质量。方法 利用计算机全面检索中国知网(CNKI), 中国生物医学文献数据库(CBM), 维普(VIP), 万方等数据库(WF), 并辅以手工检索江西中医药大学图书馆, 筛选出符合研究标准的文献, 最后采用Jadad量表及Cochrane偏倚风险评估工具进行质量评价。结果 共纳入合格RCT试验52篇。其中39篇(75.00%)未具体描述随机序列产生方法, 50篇(96.15%)未充分执行分配隐藏, 48篇(92.30%)试验未提及盲法实施, 45篇(86.54%)无退出与失访记录, 而3篇(5.77%)结果数据不完整。结论 当前国内关于针灸治疗PD的临床随机对照试验在方法不够规范, 报告的总体质量有待于进一步提高。

关键词: 帕金森病; 针灸; 方法学质量评价

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Quality Evaluation on Randomized Clinical Trials on Acupuncture Treatment of Parkinson's Disease

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Abstract: Objective: To evaluate the quality of RCT on acupuncture treatment of PD and to explore ways to improve the quality of acupuncture and moxibustion tests by clinical trials. **Methods:** Literature meeting the research standard was selected by searching CNKI, CBM, VIP, WF thoroughly through computer-based retrieval and the library of Jiangxi University of Traditional Chinese Medicine through manual retrieval. Then Jaded Scale and Cochrane were used for quality evaluation. **Results:** altogether 52 qualified RCT papers were screened. 39(75%) of them did not specifically describe the random sequence generation method, 50(96.15%) did not fully implement the allocation concealment, 49(92.30%) were not blinded, 45(86.54%) lacked exit and lost records, 3(5.77%) showed incomplete result data. **Conclusion:** RCT methods of acupuncture treatment of PD in China now are not standard enough and the overall quality of the reports needs to be further improved.

Keywords: Parkinson's Disease, acupuncture, quality evaluation on methodology

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