

宣氏小儿清肺糖浆联合西药治疗小儿支气管肺炎痰热闭肺证临床研究^{*}

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摘要:目的 观察宣氏小儿清肺糖浆联合西药治疗小儿支气管肺炎痰热闭肺证的临床疗效。方法 将符合研究标准的90例住院患儿随机分为两组, 对照组30例予常规西药治疗, 治疗组60例在对照组治疗的基础上加用宣氏小儿清肺糖浆。结果 总有效率治疗组为95.00%, 对照组为86.67%, 两组比较, 差异有统计学意义($P < 0.05$), 且治疗组在降低小儿支气管肺炎临床症状及体征的主次症积分上明显优于对照组($P < 0.05$)。结论 宣氏小儿清肺糖浆联合西药治疗小儿支气管肺炎痰热闭肺证疗效显著, 值得推广。

关键词: 小儿支气管肺炎; 宣氏小儿清肺糖浆; 临床研究

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Clinical Observation on the Treatment of Infantile Bronchopneumonia with Phlegm-heat Obstructing-lung Syndrome by Xuanshi pediatric Qingfei Syrup Combined with Western Medicine

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Abstract Objective To observe the clinical effect of Xuanshi pediatric Qingfei syrup combined with western medicine on infantile bronchopneumonia with phlegm-heat Obstructing lung syndrome. **Methods** 90 inpatients were randomly divided into two groups; control group ($n = 30$) was given western medicine treatment, treatment group ($n = 60$) was given Xuanshi pediatric Qingfei syrup. **Results** The total effective rate was 95.00% in the treatment group and 86.67% in the control group, the difference was statistically significant ($P < 0.05$), and the treatment group was more significantly effective in releasing the main symptoms and signs of bronchial pneumonia in children than control group ($P < 0.05$). **Conclusion** it is effective to treat bronchial pneumonia in children with phlegm-heat Obstructing lung syndrome by Xuanshi pediatric Qingfei syrup combined with western medicine, which is worthy of promotion.

Key words pediatric bronchial pneumonia; Xuanshi pediatric Qingfei syrup; clinic study

肺炎是小儿呼吸系统疾病中最常见的、多发的一种疾病, 根据 WHO 的统计, 全球每年 5 岁以

下儿童约 400 多万死于肺炎, 国内每年约有 30 万左右 5 岁以下儿童死于肺炎, 肺炎是儿童最主要的

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