

专家论坛

# 从《内经》《难经》经典著作看中医的科学规范

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**摘要:**理论规范化与技术标准化是每一个学科发展的必备条件,也是现代科学的基本要求,中医学也不例外。中医理论共识是《内经》《难经》规范和标准化的结果,中医技术规范是《内经》《难经》经典研究的重要问题,中医标准、规范的依据是经典所构建的基本理论,经典对于中医标准化发展具有重要意义。

**关键词:**内经;难经;经典;规范;标准

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## Discussion on the Scientific Norms of Chinese Medicine from the Classic Works of Huang Di Nei Jing and Nan Jing

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**Abstract** Theoretical and technical standardization are the prerequisite for the development of each subject and the basic sacrifice of modern science. TCM is not excepted. The consensus of TCM theory is from the standardization of the Huang Di Nei Jing and Nan Jing. The technical standard standardization of Chinese medicine is an important issue in the classical study of the Huang Di Nei Jing and Nan Jing. The basic theory constructed by Huang Di Nei Jing and Nan Jing is the basis of TCM norms and standardization, which shows great significance in the development of Standardization of TCM.

**Key words** Neijing; Nan jing; classic; norms; standardization

理论规范化与技术标准化是每一个学科发展的必备条件,也是现代科学的基本特征,没有规范的理论最多只能称为学说,因为规范是对学科共性问题的归纳,没有标准化技术就无法推广,标准化是对专业技术的应用规范。任何学科、任何时期,理论的传承和技术的推广都离不开规范化和标准化,但规范的理论和技术又必须来源于实践,

服务于实践,否则理论只能是臆想或假说,技术也不能应用。中医也不例外,回顾《黄帝内经》和《难经》(简称《内》《难》)等中医经典,我们不难发现,无论中医理论或临床的很多规范和标准都源于当时的医学实际,也正因为有《内》《难》等经典的规范和标准,五千年灿烂辉煌的中医理论才能得以传承和发展,从这个层面来说中医的科学属性十