

# 溃疡性结肠炎虚实证候血清细胞因子表达的差异性研究\*

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**摘要:** 目的 通过观察溃疡性结肠炎(ulcerative colitis, UC)大肠湿热证、脾气虚弱证、脾虚湿热证三种虚实证候患者血清中细胞因子 TNF- $\alpha$ 、IFN- $\gamma$ 、TGF- $\beta$ 1、IL-17A 表达的差异,分析细胞因子表达与 UC 证候的相关性。**方法** 分组随机纳入 UC 患者 31 例,分为大肠湿热证组、脾气虚弱证组、脾虚湿热证组,纳入 10 例健康志愿者作为对照组,采用 ELISA 法检测各组血清中 TNF- $\alpha$ 、IFN- $\gamma$ 、TGF- $\beta$ 1、IL-17A 含量。UC 组和对照组之间比较采用 *t* 检验,组间比较采用方差分析。**结果** UC 患者血清 IFN- $\gamma$ 、TGF- $\beta$ 1 浓度显著高于对照组( $P<0.01$ );大肠湿热证、脾气虚弱证组患者血清 IFN- $\gamma$  浓度均显著高于对照组( $P<0.01$ );大肠湿热证、脾气虚弱证、脾虚湿热证组患者血清 TGF- $\beta$ 1 浓度均显著高于对照组( $P<0.01$ )。三种虚实证候组间比较,脾气虚弱证组患者血清 TNF- $\alpha$  浓度显著高于大肠湿热证组( $P<0.05$ )和脾虚湿热证组( $P<0.01$ ),大肠湿热证组患者血清 IFN- $\gamma$  浓度显著高于脾虚湿热证组( $P<0.01$ ),脾气虚弱证组患者血清 IFN- $\gamma$  浓度显著高于脾虚湿热证组( $P<0.05$ );各组间血清 IL-17A 浓度比较均未见显著性差异( $P>0.05$ )。**结论** UC 患者血清 IFN- $\gamma$ 、TGF- $\beta$ 1 浓度升高可能与 UC 发病相关,UC 患者血清 TNF- $\alpha$ 、IFN- $\gamma$  的含量差异可为虚实证候的辨识提供客观实验依据。

关键词: UC; 细胞因子; 虚实证候; 差异性

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## Serum Cytokine Expression Differences in Ulcerative colitis Deficiency and Sufficiency Syndromes

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**Abstract:** **Objective** To observe the serum cytokine TNF- $\alpha$ , IFN- $\gamma$ , TGF- $\beta$ 1, IL differences -17A expression in three types of ulcerative colitis ( UC ) large intestine damp - heat syndrome, spleen Qi deficiency syndrome, spleen deficiency caused damp-heat syndrome and to analysis of cytokine expression and UC syndromes correlation. **Methods** 31 cases of UC patients were randomly divided into large intestine damp-heat syndrome, spleen Qi deficiency syndrome, spleen deficiency caused damp-heat syndrome. 10 healthy volunteers were as a control group, each group was detected serum TNF- $\alpha$ , IFN - $\gamma$ , TGF- $\beta$ 1, IL-17A contents by ELISA. *T* test was used to compare between UC and control groups, the groups were compared by analysis of variance. **Results** UC serum IFN- $\gamma$ , TGF- $\beta$ 1 concentration was significantly higher ( $P<0.01$ ); in the large intestine damp-heat syndrome group and spleen Qi deficiency syndrome

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