

论 著

· 临床研究 ·

非小细胞肺癌化疗后温下方加减干预临床疗效研究^{*}

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摘要:目的 观察非小细胞肺癌(non-small cell lung cancer, NSCLC)患者化疗后运用温下方加减的治疗效果。方法 纳入NSCLC化疗后患者32例,核心病机均为阳气不足、寒凝瘀滞,运用温下方加减治疗并进行疗效评价。评价主要指标为:瘤灶近期疗效,临床症状评分,肺癌治疗功能评价量表(FACT-L)评分,卡氏(KPS)评分。结果 治疗前后患者瘤灶近期疗效未见显著差异($P>0.05$);温下方加减干预后患者临床症状总评分较前明显降低($P<0.01$);肺癌治疗功能评价量表中,生理状况、功能状况、肺癌特异模块评分及总分较治疗前显著增加($P<0.05$);KPS评分显示治疗后评分较治疗前显著升高($P<0.01$)。结论 温下方加减治疗NSCLC化疗后患者,可有效改善患者临床症状,提高患者生活质量。

关键词:非小细胞肺癌;化疗;温下方;临床疗效;阳虚寒凝

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Study on The Clinical Effects of Modified Warming Purging Prescription intervention after Chemotherapy for Non-small Cell Lung Cancer

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Abstract: **Objective** To observe the therapeutic effect of modified warming purging prescription after chemotherapy in patients with non-small cell lung cancer (NSCLC). **Methods** 32 patients with NSCLC after chemotherapy were included in this study. The core pathogenesis was deficiency of Yang Qi, cold coagulation and blood stasis. The main outcome measures were short-term efficacy, clinical symptom score, FACT-L score and KPS score. **Results** There was no significant difference in the short-term curative effect of tumor focus before and after treatment ($P>0.05$); the total score of clinical symptoms was significantly lower than before ($P<0.01$); in the lung cancer treatment function evaluation scale, the physiological status, functional status, lung cancer specific module score and total score were significantly increased than before treatment ($P<0.05$); KPS score showed that the score after treatment was significantly higher than before treatment (01). **Conclusion** Modified warming purging prescription can effectively improve the clinical symptoms and quality of life of patients with NSCLC after chemotherapy.

Keywords: Non-small cell lung cancer; Chemotherapy; Warming purging prescription; Clinical efficacy; Yang deficiency and cold coagulation

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