

学术探讨

基于运气理论研究带状疱疹发病与五运的相关性^{*}

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摘要:目的 通过回顾性研究,分析不同五运主时对带状疱疹及其神经痛发病的影响。方法 收集整理带状疱疹及其后遗神经痛疾病资料,根据病历记载确定具体的发病时间,按每年每个五运所主时段统计出发病人数的百分比,与相应年份相应时段五运主时进行对照,逐年分析五运变化对带状疱疹及其神经痛发病的影响。结果 带状疱疹及其神经痛发病与五运主时有一定的相关性。太商主时对带状疱疹发病的影响较大,太徵、太羽、少宫次之;而太徵、少羽、少宫主时对带状疱疹神经痛发病的影响较大,少徵、少角次之。结论 不同五运主时对带状疱疹及其神经痛发病的影响,对中医“未病先防”“既病防变”“因时制宜”具有重要的指导意义。

关键词:运气理论;带状疱疹;五运;相关性;天人相应

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A Research on the Correlation between the Onset of Herpes Zoster and Wu Yun Based on Theory of Qi Movement

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Abstract: **Objective** To analyze the influence of different Wu Yun (Five Movements) on the pathogenesis of herpes zoster and neuralgia through a retrospective research. **Methods** To collect and sort out the literature relevant to herpes zoster and its sequelae neuralgia diseases, and then determine the specific time of onset according to the medical records, calculate the percentage of the number of patients who are exposed to the disease when the main period of Wu Yun governs in each year. The corresponding period and years are compared to analyze the Wu Yun impacts on the pathogenesis of herpes zoster and neuralgia year by year. **Results** The onset of herpes zoster and its neuralgia is related to the Five Movements. Tai Shangzhu had a greater impact on the onset of herpes zoster followed by Taizheng, Taiyu, and Shaogong while Taizheng, Shaoyu, and Shaogong had a greater impact on the onset of herpes zoster neuralgia with less symptoms followed by Shaojiao. **Conclusion** The impacts of different Wu Yun periods on the onset of herpes zoster and neuralgia have important guiding significance for TCM tenets of “prevention before disease”, “prevention of existing disease”, and “adapting measures to conditions”.

Keywords: qi movement theory; herpes zoster; Wu Yun; correlation;

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