

# 赵晓平教授治疗脑胶质瘤经验<sup>\*</sup>

周振国<sup>\*\*</sup> 柏鲁宁 侯文 张毅 赵晓平<sup>\*\*\*</sup>

(陕西中医药大学附属医院, 陕西 咸阳 712046)

**摘要:** 脑胶质瘤属中医“脑瘤”范畴, 陕西省名中医赵晓平基于自身多年中医辨证经验及对现代医学知识的掌握, 提出“气虚染毒以致瘀”是胶质瘤的重要病机, 以补泄并用、化瘀解毒、扶正祛邪为治法自拟“益气祛瘀解毒方”, 并将脑胶质瘤中医证型分为五型, 在治疗脑胶质瘤方面运用自身总结的“培元、豁痰、通瘀”的诊疗思路, 在中西医结合治疗晚期脑胶质瘤患者姑息治疗方面取得成效。

**关键词:** 脑胶质瘤; 脑瘤; 益气祛瘀解毒; 名中医经验; 赵晓平

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## Professor Zhao Xiaoping's Experience in Treating Cerebral Glioma

Zhou Zhenguo, Bai Luning, Hou Wen, Zhang Yi, Zhao Xiaoping

(The Affiliated Hospital of Shaanxi University of Chinese Medicine, Xianyang, Shaanxi 712046)

**Abstract:** Cerebral glioma is categorized into "brain tumor" according to Traditional Chinese Medicine. Based on his experience in TCM syndrome differentiation and his proficiency of Modern Medicine for many years, Zhao Xiaoping, a well-known Chinese medicine practitioner in Shaanxi, proposes that blood stasis caused by qi deficiency and viral infection is an important pathogenesis of glioma. The Self-made detoxification formula of benefiting qi and removing stasis (Yiqi Quyu Jiedu Formula) aims to simultaneously supplementing and purging, removing blood stasis and toxins, strengthening the body and eliminating evils. In addition, he divides the TCM syndromes of glioma into five types, and applied his diagnosis and treatment methods of "cultivating the essence, eliminating the phlegm, and dredging blood stasis" in clinical practice, which has been demonstrate effective in the palliative treatment of patients with advanced glioma by the combination of Chinese and Western medicine.

**Keywords:** cerebral glioma; brain tumor; detoxification by benefiting qi and removing stasis; experience of a well-known TCM practitioner; Zhao Xiaoping

赵晓平教授是陕西省名中医, 主任医师, 二级教授, 陕西省名老中医学术经验继承指导老师, 从事中西医结合临床与基础学科研究工作 30 余年, 对脑胶质瘤、脑积水、癫痫和急腹症的中西医结合

治疗形成了自己独有的理论体系, 针对颅内恶性肿瘤——脑胶质瘤的中西医结合治疗提出了“培元、豁痰、通瘀”的诊疗思路并将脑胶质瘤的中医证型分为五型, 笔者师从赵教授学习, 其从痰瘀论

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<sup>\*\*</sup> 作者简介: 周振国(1976-), 男, 本科, 副主任医师, 研究方向: 主要从事颅脑损伤、脑血管病的中西医结合临床研究。  
E-mail: 198725246@qq.com

<sup>\*\*\*</sup> 通讯作者: 赵晓平, 二级教授, 主治医师。E-mail: zxpqq18@sina.com