

国医传承

刘健教授治疗强直性脊柱炎继发链球菌感染验案抉微^{*}

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摘要:强直性脊柱炎(大偻)病机复杂,病情缠绵,为医学难治之症,治疗颇为棘手,内伤之证合并外感邪毒亦属难上加难。本文通过病因病机、治疗特色、常用药对来总结刘健教授治疗大偻的经验。刘健教授治疗大偻特色以健脾益肾,调护元气;化痰祛瘀,贯穿始终;顺时制宜,综合治疗。常用药对为山药、茯苓;桃仁、红花;杜仲、狗脊;蒲公英、白花蛇舌草。

关键词:强直性脊柱炎;大偻;治疗特色/健脾益肾,化痰祛瘀;药对/山药配茯苓,桃仁配红花,杜仲配狗脊,蒲公英配白花蛇舌草;验案;刘健

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Professor Liu Jian's Treatment of Ankylosing Spondylitis Secondary to Streptococcus Infection

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Abstract: Ankylosing Spondylitis (Da Lou) is a chronic and recurrent disease which is complicated in its pathogenesis, hence it is regarded as the medically intractable disease. It will become worse if it is caused by the internal injury combining with external infection of evil toxins. This paper makes a summary of Liu's experience in treating Da Lou in terms of its etiology and pathogenesis, unique treatment, and commonly-used medicine. Professor Liu's treatment of Da Lou is characterized by his emphasis of invigorating spleen to benefit kidney, regulating primordial qi; consistently dispersing phlegm and flexible comprehensive therapy. The commonly-used medicine pairs include Chinese yam and poria; peach kernels and safflower; eucommia and dogspine; dandelion and oldenlandia diffusa.

Keywords: ankylosing spondylitis; Da Lou; treatment features/invigorating the spleen and kidney, dispersing phlegm; medicine pairs/ Chinese yam and poria; peach kernels and safflower; eucommia and dogspine; dandelion and oldenlandia diffusa; Liu Jian

强直性脊柱炎属中医大偻,是因为人体正气亏虚,普遍观点认为与肾督两者密切相关。肾督易于正气不足,外邪(尤其是寒湿偏重者)侵袭骨

督,督脉行于背后总领一身的阳气,受邪则的气不易于开阖;肾受邪入侵,则骨失淖泽,母病及子不能养肝,肝失养则血海不充,冲任失调,筋骨失于

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