

以《周易·损卦》象数思维解析论治溃疡性结肠炎^{*}

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摘 要: 溃疡性结肠炎以腹痛、腹泻、黏液脓血便、里急后重等为主要临床表现,属于中医学“肠癖”范畴。本病患者因其所处缓解期或发作期而具有不同的临床表现,但是总的病理性质为本虚标实。历代医家多以中医辨证思维及经验思维来诊治,在辨证思维多样化和诊治理论丰富化的现代,借助中华优秀传统文化来还原中医的原始思维,具有重要的启发意义。试以《周易·损卦》象数思维解析论治溃疡性结肠炎,从肠癖与损卦的相应性,从损卦论肠癖的病机及其演变谈肠癖的治疗。从而探讨中医治疗溃疡性结肠炎的理论新思路,以期为中医之继承创新提供依据。

关键词: 周易;损卦;溃疡性结肠炎;象数思维;肠癖

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A Discussion on the Treatment of UC Based on the Image – numerology Thinking in Zhouyi Sungua

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Abstract: The main clinical symptoms of UC (Ulcerative Colitis) include abdominal pain, diarrhea, mucus in bloody purulent stool, and tenesmus, which is considered as a counterpart of Changpi diseases categorized by TCM. Patients who suffered from this disease demonstrate different symptoms due to the remission or acute attack stages, while the overall pathological nature is characterized by deficient root and excessive branch. In history, TCM practitioners diagnosed and treated this disease according to syndrome differentiation and empirical thinking. However, currently since the syndrome differentiation are versatile in thinking and the diagnosis and treatments are rich in theories, to restore the original thinking of TCM with the help of traditional Chinese culture is significant. This paper analyzes the treatment of UC based on the image – numerology thinking in *Zhouyi Sungua* (*The Book of Changes. Divinatory Symbols of Sun*) to explore new theories in terms of TCM treatment. Hopefully, this paper will provide evidence for the inheritance and innovation of TCM.

Keywords: *The Book of Changes; Divinatory Symbols of Sun*; UC; the Image – numerology Thinking; changpi

《周易》在我国历史上有着非常重要的地位,谓之“群经之首,大道之源”,是我国文化的核心。它饱含着深邃的哲学思想,以阴阳来阐述宇宙间事物的客观规律,总结了自然界发生、发展和变化

的规律,即所谓“一阴一阳谓之道”。中医学理论的构建和临床诊病的思维深受其影响,比如阴阳学说、天人相应和取类比象思维等皆源于易理。但将《周易》之理运用于中医学时,又需要根据中

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