

贾六金教授运用参苓白术散经验撷菁^{*}

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摘要: 参苓白术散源自《太平惠民和剂局方》, 是临床常用健脾益气、和胃渗湿方。贾六金教授在继承钱乙“五脏虚实补泻”学术思想基础上, 进一步发展了“五脏证治”, 逐步形成了“五脏证治, 突出脾胃论治”的学术思想。临床上, 遵循“异病同治”“证同治同”的治疗原则, 应用参苓白术散治疗内外妇儿诸多疾病, 一方多用, 疗效可观, 突出了中医辨证论治、异病同治的思维优势。

关键词: 贾六金; 参苓白术散; 脾虚泄泻; 脾虚厌食; 脾虚便血; 脾虚闭经

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On Professor Jia Liujin's Experience in the Application of Shenling Baizhu Powder

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Abstract: Shenling Baizhu powder, derived from Taiping Huimin Hejijufang (prescriptions made by Taiping Huimin Pharmaceutical Bureau), is a prescription which can invigorate spleen and benefit qi, harmonize stomach and eliminate dampness. Professor Jia further developed the theory of five-zang syndrome differentiation based on Qian yi's academic thoughts of “five-zang deficiency and excessiveness as well as reinforcing and reducing combination”, forming his own thought of “five-zang syndrome differentiation and highlighting spleen and stomach”. Clinically, he adhered to the tenets of “homotherapy for heteropathy” and “homotherapy for the same symptoms”, and treated diseases of internal and external medicine, pediatrics and gynaecology by means of Shenling Baizhu powder. One prescription is effective in applying in various diseases, which highlights the advantages of TCM thoughts – the syndrome differentiation and homotherapy for heteropathy.

Keywords: Jia Liujin; Shenling Baizhu Powder; spleen deficiency and diarrhea; spleen deficiency and anorexia; spleen deficiency and bloody stool; spleen deficiency and menostasis

参苓白术散是中医经典方剂之一, 也是历代临床大家经过临床实践总结出的有效处方^[1]。源自《太平惠民和剂局方》, 原书主治“脾胃虚弱, 饮食不进, 多困少力, 中满痞噎, 心忪气喘, 呕吐泄泻, 及伤寒咳噎”, 据记载久服可“养气育神, 醒脾

悦色, 顺正辟邪”。

首届全国名中医贾六金教授, 主任医师、博士研究生导师, 一甲子潜心向学, 研习中医 60 余年, 有“山西小儿王”的美誉, 擅于诊治肺系、脾胃系等疾病。临床上, 贾老(以下尊称为贾老)遵循“异病

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