

基于络病学说的沈舒文治疗脾胃病探析^{*}

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1968年4月出生,女,湖北省沧州市人,硕士学位,主任医师、教授、科主任,陕西中医药大学硕士研究生导师。主要研究方向:脾胃病的临床与实验研究。第三批全国优秀中医临床人才,陕西省特支计划区域发展人才,国家中医药管理局区域性诊疗中心负责人。现任中华中医药学会脾胃病分会常务委员,世界中医药学会联合会消化病专业委员会常务理事,中国民族医药学会脾胃病学会副会长,第四批全国老中医药专家学术经验优秀继承人。

从事脾胃病的临床、教学与科研工作29年。参与国家自然科学基金项目3项、国家级横向科研课题5项,主持省、市级科研课题12项,获省市级科研成果7项。发表学术论文90余篇,主编及参编著作4部。

摘要:简要地阐述了络病学说的历史沿革,阐述了国家级名中医沈舒文教授运用络病理论分析慢性萎缩性胃炎及胃癌前病变发病的机理,认为久病毒邪侵络成胃病,治疗以疏通润养为主,提出辛润通络、虫类药通络、化痰散瘀通络、解毒通络、补虚通络以及通脏腑之络的用药特点。并附验案说明。

关键词:络病学说;沈舒文;脾胃病;胃络;中医治疗

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A Research on Shen Shuwen's Treatment of Spleen and Stomach Disease Based on the Collateral Theory

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Abstract: This paper is a brief review of the historic development of Collateral Theory and mainly a description of Shen Shuwen's (a TCM practitioner of national renown) treatment of Chronic Atrophic Gastritis and Precancerous Lesion of Gastric Carcinoma based on the Collateral Theory. Shen held that the stomach disease was caused by the invasion of some chronic diseases and virus into collateral, therefore the treatment should attach importance to the dredging and moisturing the collateral. Accordingly, he proposed to dredge the collateral by means of moisturing, medicinal insects, removing the phlegm and stasis, detoxification, nourishing the deficiency as well as dredging the zang-fu collater-

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