

中医内科之启延与中医辨证思维思考^{*}

邵生宽

(陕西中医药大学, 陕西 咸阳 712046)



邵生宽

1929 出生,男,陕西蓝田人,中共党员,副主任医师,副教授。曾先后担任陕西中医学院内科教研室主任,附属医院大内科主任,陕西中医药学会理事、内科学分会主任委员,陕西中医杂志、陕西中医学院学报编委会委员,陕西省卫生志编委,中国文化研究会、传统医学委员会委员,咸阳市秦都区四、五、六届政协委员,医药卫生组组长。1995 年应邀赴美参加在旧金山召开的国际传统医学大会,其研究成果及论文获超人杯金奖及优秀论文奖。发表学术论文 40 余篇,编写全国高等医学院校中医内科教材第四版部分内容及中医自学阶梯、中医内科考试题选。著有彩色《舌诊图鉴》一书,退休后悬壶我市秦都、渭城两区,为人民群众继续服务。

摘要:青年始学中医,多方拜师,树发扬中医之宏心;初入中医内科,以茵陈蒿汤、茵陈五苓散加减治疗黄疸,以四神丸、参苓白术散加减治疗泄泻,彰显中医疗效;一甲子临证历练,初心不改,倡中医为主导,并结合西医诊治咳嗽、中风等,成就铁杆中医;耄耋之年,回归经典守正,融合科技创新,再论中医辨证思维。

关键词:邵生宽;中医内科;黄疸;泄泻;咳嗽;辨证思维

中图分类号:R92.9 **文献标识码:**A **文章编号:**2096-1340(2020)03-0008-05

DOI:10.13424/j.cnki.jsctcm.2020.03.003

The Development of TCM Internal Medicine and the Approach of TCM Syndrome Differentiation

Shao Shengkuan

(Shaanxi University of Chinese Medicine, Xianyang Shaanxi 712046)

Abstract: As a young beginner of TCM, I was instructed by different masters of TCM and was determined to promote TCM since then. I applied the modified prescriptions of Yinchenhao (Artemisia Capillaris) Decoction and Yinchen Wuling Powder to treat the jaundice, of the Sishen Pill and Shenling Baizhu Powder to treat the diarrhea when I firstly worked in Department of TCM Internal Medicine, which were proved to be effective in clinical practice. After a practice of 60 years (1 jiazi equals to a cycle of 60 years), I adhered to my primary determination, proposing to give Chinese Medicine the priority and combine with Western Medicine to treat the cough and stroke, finally being a big fans of TCM. I returned to the classic approach integrating with the innovation in science and technology to have a review of TCM syndrome differentiation when I was in my 80s.

* 基金项目:陕西省中医药管理局资助项目(SZY-YLKYC-2018)