

基于张学文“痰瘀水湿”辨治脑病举隅

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擅长治疗内科常见病和多发病, 发表涉及内、妇、儿、皮肤疾病专业论文三十余篇。

摘要: 张学文国医大师把导致脑病的诸多因素概括为: 痰瘀水湿, 并认为其不仅仅是导致脑病的病因, 还是脑病的病理产物, 医者循其“证因”辨治脑病, 提纲挈领, 颇受教益。列举案例体现张学文国医大师“脑当为脏”理论和脑病“活血化瘀”学术思想。

关键词: 张学文; 痰瘀水湿; 脑病辨治

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Examples of Differentiation and Treatment of Encephalopathy Based on Zhang Xuwen's "Phlegm Stagnation with Water – Dampness"

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Abstract: TCM master Zhang Xuwen summed up many factors that lead to encephalopathy as “phlegm stagnation with water-dampness”, and thought that it is not only the cause of encephalopathy, but also the pathological product of encephalopathy. According to its “syndrome and cause”, the treatment of encephalopathy was outlined and the author has learned a lot from it. The cases cited in this article are all the application of Zhang Xuwen's theory of “brain disease can be differentiated and treated from zang – fu viscera” and the principle of “promoting blood circulation and removing blood stasis” in the author's department was presented which is open to any correction.

Keywords: Zhang Xuwen; phlegm stagnation with water-dampness; differentiation and treatment of encephalopathy

脾胃运化“水谷精微”以充养五脏六腑, 四肢百骸, 经络毛发, 正常的气血运行是生命的基础,

一旦“气血不和, 百病变化而生”。痰是机体气机郁滞, 气不化液, 津液凝聚, 或阳气衰微, 无力蒸化