

## 教学研究

“五位一体”教学法在《中药学》  
课程中的应用——以补气药为例\*王占一<sup>1\*\*</sup> 王洪凯<sup>1</sup> 张立华<sup>1</sup> 王飞<sup>1</sup> 王京龙<sup>1</sup> 向兰<sup>2</sup>

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**摘要:**《中药学》是药学相关学科学生必须掌握的一门专业课程, 为了使能够扎实地掌握本课程的基本知识和原理, 教师要把握教学内容的重难点, 转变传统的教学模式, 构建适合本校药学类专业的《中药学》课程体系。现以补气药为例, 从教材知识文字理解、教师语言文字讲解、多媒体课件图片展示与微课强化教学、中药材实物认知实践、中药材成方制剂的临床应用 5 个教学过程, 探讨“五位一体”教学法在《中药学》课程中的应用。结果显示“五位一体”教学法能够任教师站在更高层面上设计教与学的内容, 有效解决理论知识与实践相脱节的问题, 既可以提高教师的教学能力, 又能促进学生更好地学习知识和技能, 提高学生的综合素质。

**关键词:**五位一体; 中药学; 补气药; 教学改革

**中图分类号:**R28 **文献标识码:**A **文章编号:**2096-1340(2019)04-0114-05

**DOI:**10.13424/j.cnki.jsctcm.2019.04.029

The Application of “Five in One” Teaching Method in the Course of  
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**Abstract:** “Chinese Pharmacy” is a professional course that must be mastered by students of pharmacy-related majors. In order to enable students to grasp the basic knowledge and principles of the course in a solid way, teachers should grasp the key and difficult points of teaching content, change the traditional teaching mode, and construct a curriculum system of Chinese Pharmacy suitable for pharmacy specialty in the school. This paper takes drugs of invigorating Qi as an example, exploring the application of the “five in one” teaching method to the course of “Chinese Pharmacy”. The five are: literal understanding of the textbook knowledge, the lectures of the teacher on the textbook, the use of multimedia through ppts and pictures and the intensified teaching through micro-lessons, the cognitive practice of Chinese herbal medicines in kind, and the clinical application of Chinese medicines prescription preparations. The results show that the “five in one” teaching method can help teachers design teaching and learning content at a higher level and effectively solve the problem of disconnection between theoretical knowledge and practice. It can not only improve teachers teaching ability, but also promote students to learn knowledge and skills better and improve students’ comprehensive quality.

\* 基金项目: 山东省高等学校教学改革项目(2012497)

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