

经典研读

历史地理学视野下地域性《伤寒论》学术流派研究^{*}

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摘要:自张仲景《伤寒杂病论》问世以来,师承仲景、研究伤寒、善用经方者,自古至今延绵不衰,为中医学的发展做出了巨大贡献。而受时代社会变迁及地理环境的影响,众医家在继承伤寒理论及前人宝贵经验的基础上,对伤寒学说创新发展,形成了在学术及临床治疗方面拥有独特见解的伤寒流派。本文将时空与地理环境有机结合的历史地理学方法引入到流派的研究中,从伤寒医家所在地如岭南、绍兴、新安、吴门、齐鲁、日本等地来揭示其在晋、唐、宋、明、清等不同历史时期背景下伤寒流派的时空特征及历史价值,探讨地域性伤寒论流派的形成与发展,构建不同时空及地域背景下各伤寒流派的形成历史、师承脉络、学术思想、临证特点及发展状况。

关键词:历史地理学;地域性;伤寒论;流派

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A Study on the Academic Schools of *Treatise on Cold Damage* from the Perspective of Historical Geography

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Abstract: Since the publication of Zhang Zhongjing's *Treatise on Cold Damage*, those who studied typhoid fever and used classical prescriptions well have made great contributions to the development of traditional Chinese medicine. Influenced by the social changes of the times and geographical environment, many doctors inherited the theory of typhoid fever and the precious experience of predecessors, innovated and developed the theory of typhoid fever, and formed a school of typhoid fever with unique opinions on academic and clinical treatment. This paper introduces the historical geography method which combines time and space with geographical environment into the study of typhoid fever schools. It reveals the temporal and spatial characteristics and historical value of typhoid fever schools in different historical periods such as Jin, Tang, Song, Ming and Qing Dynasties from the locations of typhoid doctors such as Lingnan, Shaoxing, Xin'an, Wumen, Qilu and Japan, and explores the formation and development of regional typhoid fever schools, in an effort to construct the formation history, inheritance, academic thought, clinical characteristics and development of typhoid fever schools in different time, space and geographical backgrounds.

Keywords: historical geography; regionalism; *Treatise on Cold Damage*; school

《伤寒论》自成书以来以其完备的理法方药知识,理论结合实践的辨证治疗原则,尊重生命、悬

壶济世的高尚医德,成为了“众方之宗、群方之祖”,历代有成就的医家无不出入于仲景之门。自