

国医传承

一种理论,五十春秋

——国医大师雷忠义胸痹痰瘀互结理论源流回溯

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摘要:国医大师雷忠义教授提出、完善胸痹心痛病痰瘀互结理论,经历了50年的发展历程,在求学之际,能博采众家之长,提出痰瘀互结之说;后又立足临床,结合科研,完善了痰瘀互结理论,并创立新药丹蒺片,引发学界关注;进入耄耋之年,又结合文献,因病制宜,再创痰瘀毒风互结理论。

关键词:国医大师;雷忠义;胸痹;痰瘀互结理论

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A Theory for Fifty Years

——Retrospect of the Origin and Development of Lei Zhongyi's Theory of Intermingled Phlegm and Blood Stasis in Chest Discomfort

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Abstract: Professor Lei Zhongyi, a master of Chinese medicine, has put forward and perfected the theory of intermingled phlegm and blood stasis in chest discomfort and cardiodynia, which has gone through 50 years of development. At the time of studying, he takes the advantages of many schools and puts forward the theory of phlegm and blood stasis. Then, based on clinical practice and combined with scientific research, he has perfected the theory of intermingled phlegm and blood stasis and created a new drug Danlou tablet, which arouses the attention of the academic circles. When he is ninety, combining with literature, adapting to the conditions of the diseases, he created the theory of intermingled phlegm, blood stasis, and evil wind.

Keywords: master of Chinese medicine; Lei Zhongyi; chest discomfort; theory of intermingled phlegm and blood stasis

国医大师雷忠义教授自上个世纪60年代后期起提出从痰瘀互结论治胸痹心痛、心悸等病,经过临床和科研50余年的积淀,逐渐形成了胸痹痰瘀毒风互结较完善的理论,并研发出特色中药丹蒺片,于2000年获得国药准字上市,近十几年获得了10余项国家科技攻关项目,北京广安门医院王

阶教授和他的团队用此药参与研究,还获得了国家科技进步二等奖。上海第二军医大学吴宗贵教授带领他的团队做丹蒺片参与的相关研究,结果发现:丹蒺片有明显的治疗动脉粥样硬化消斑减斑的作用;此理论也影响了诸多学者从不同方面展开相关研究,目前中国知网上关于痰瘀互结证