

临床研究

# 加味没竭片治疗子宫内膜异位症 气滞血瘀型痛经 30 例\*

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**摘要:**目的 评价加味没竭片对子宫内膜异位症痛经的临床疗效。方法 确诊为子宫内膜异位症的痛经患者 60 例随机分为治疗组和对照组各 30 例。治疗组采用加味没竭片治疗, 对照组采用散利痛进行治疗, 3 个月经周期为 1 个疗程。观察两组治疗前后临床疗效及痛经改善程度。结果 治疗组总有效率 96.67%, 对照组 70.00%, 两组比较差异具有显著性差异 ( $P < 0.05$ )。与对照组比较, 治疗组在中医证候积分, 痛经疗效以及视觉模拟疼痛 (VAS) 改善方面效果显著优于对照组 ( $P < 0.05$ )。治疗后两组生存质量均显著性改善 ( $P < 0.01$ ), 且治疗组显著优于对照组 ( $P < 0.01$ )。治疗后治疗组 CA125 水平明显降低, 差异有统计学意义 ( $P < 0.05$ )。结论 与散利痛比较, 加味没竭片改善子宫内膜异位症痛经效果更为显著, 且还可改善患者中医证候, 降低血清 CA125 水平, 提高患者生存质量, 值得临床推广。

**关键词:**加味没竭片; 子宫内膜异位症; 痛经; 生活质量

中图分类号: R711.71 文献标识码: A 文章编号: 2096-1340(2019)02-0094-05

DOI: 10.13424/j.cnki.jstcm.2019.02.028

## Treatment of 30 Cases of Dysmenorrhea of Qi Stagnation and Blood Stasis Type with Endometriosis with Jiawei Mojie Tablet

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**Abstract:** **Objective** To evaluate the clinical effect of Jiawei Mojie Tablet on dysmenorrhea with endometriosis. **Method** Sixty patients with dysmenorrhea diagnosed as endometriosis were randomly divided into treatment group and control group with 30 cases in each group. The treatment group was treated with Jiawei Mojie Tablet, while the control group was treated with saridon, with a 3-month menstrual cycle as a course of treatment. The clinical efficacy and dysmenorrhea improvement of the two groups were observed before and after treatment. **Result** The total effective rate was 96.67% in the treatment group and 70.00% in the control group. There was significant difference between the two groups ( $P < 0.05$ ). Compared with the control group, the effect of the treatment group was significantly better in TCM syndrome score, dysmenorrhea effect and visual analogue pain (VAS) improvement than that of the control group ( $P < 0.05$ ).

\* 基金项目: 上海市科委科技支撑项目资助(12401902403); 国家中医药管理局“朱南孙国医大师传承工作室”建设项目(DSGZS-2017001); 上海市进一步加快中医药事业发展三年行动计划“海派中医朱氏妇科流派诊疗中心建设”项目(ZY(2018-2020)-CCCX-1008)

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