

益脾扶正方联合化疗治疗中晚期食管癌 21 例^{*}

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摘要:目的 观察益脾扶正方联合化疗治疗中晚期食管癌临床疗效。方法 将41例中晚期食管癌患者按照随机数字法分为治疗组20例和对照组21例。对照组单用紫杉醇+奈达铂化疗方案,治疗组在对照组基础上加用益脾扶正方,持续观察2周期,每周期21天,观察治疗组和对照组患者治疗前后中医证候积分、免疫功能指标、KPS评分、化疗后毒副作用的发生率、近期疗效判定等指标并进行统计学评价。结果 1. 在中医证候积分、中医证候疗效改善、KPS评分、免疫指标等方面,治疗组与对照组对比有统计学差异($P < 0.05$)。2. 在减轻毒副作用方面,治疗组与对照组在治疗前后对比中,在改善恶心、呕吐症状具显著差异($P < 0.05$)。3. 在近期疗效方面,治疗组瘤体缓解有效率高于对照组,但两组间无统计学差异。($P > 0.05$)。结论 益脾扶正方联合化疗治疗中晚期食管癌可有效缓解患者临床症状,提高患者KPS评分及生活质量,可有效降低恶心、呕吐等化疗副作用的发生率并改善患者免疫功能,为中西医结合治疗食管癌提供了优化方案。

关键词: 益脾扶正方; 化疗; 中晚期食管癌; 临床观察

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Clinical Analysis of Yipi Fuzheng Recipe combined with Chemotherapy in the Treatment of Advanced Esophageal Cancer

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Abstract: **Objective:** To observe the clinical effect of Yipi Fuzheng Decoction combined with chemotherapy in the treatment of advanced esophageal cancer. **Method:** 41 patients with advanced esophageal cancer were randomly divided into treatment group (20 cases) and control group (21 cases). The control group was treated with paclitaxel plus nedaplatin chemotherapy alone, while the treatment group was treated with Yipi Fuzheng Recipe on the basis of the control group. The two groups were observed for 2 cycles, 21 days a cycle. The scores of TCM syndromes, immune function, KPS score, incidence of toxic and side effects after chemotherapy, short-term efficacy evaluation and other indicators were observed before and after treatment in the treatment group and the control group, and the statistical evaluation was made. **Result:** 1. There were statistical differences between the treatment group and the control group in the aspects of TCM syndrome score, improvement of TCM syndrome efficacy, KPS score and immune index ($P < 0.05$). 2. In alleviating toxic and side effects, there were significant differences between the treatment group and the control group in improving nausea and vomiting symptoms before and after treatment ($P < 0.05$). 3. In terms of short-term efficacy, the effective rate of tumor remission in the treatment group was higher than that in the control group, but there was no statistical difference between the two groups. ($P > 0.05$). **Conclusion:** Yipi Fuzheng Decoction combined with chemotherapy in the treatment of advanced esophageal cancer can effectively alleviate the clinical symptoms of patients, improve the KPS

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