

大柴胡汤治疗肝癌 TACE 术后综合症的疗效分析*

王鑫 杨洋** 杨兴武

(陕西中医药大学附属医院,陕西 咸阳 712000)

摘要:目的 探讨大柴胡汤治疗 TACE 术后综合症的疗效。方法 选择 2017 年 3 月~2018 年 3 月收治的 60 例 TACE 患者,随机分为治疗组和对照组。对照组:常规 TACE 治疗为对症支持;治疗组:术后第 1 天,治疗组口服大柴胡汤 50mL/次,每次 2 次,连续 5d。记录治疗期间的发热、腹痛、呕吐、睡眠持续时间和患者满意度。结果 治疗组发热、腹痛、呕吐和睡眠时间明显优于对照组,差异有统计学意义($P < 0.05$)。治疗组患者满意度高于对照组($P < 0.05$)。结论 大柴胡汤能有效缓解 TACE 术后发热、腹痛、呕吐等症状,改善睡眠治疗,提高患者治疗的满意度,值得进一步的临床研究和推广。

关键词:大柴胡汤;肝癌;TACE;疗效分析

中图分类号:R735.7 文献标识码:A 文章编号:2096-1340(2019)01-0130-04

DOI:10.13424/j.cnki.jstcm.2019.01.039

Therapeutic Effect of Dachaihu Decoction on Postoperative Syndrome of Hepatocellular Carcinoma after TACE

Wang Xin Yang Yang Yang Xingwu

(Affiliated Hospital of Shaanxi University of Chinese Medicine, Xianyang China, 712000)

Abstract: **Objective:** to investigate the therapeutic effect of Dachaihu Decoction on postoperative syndrome of hepatocellular carcinoma after TACE. **Method:** Sixty patients with TACE admitted from March 2017 to March 2018 were randomly divided into treatment group and control group. Control group: conventional TACE treatment was symptomatic support. Treatment group: on the first day after surgery, the treatment group received oral Dachaihu Decoction 50mL/time, 2 times each time for 5 days. Fever, abdominal pain, vomiting, sleep duration, and patient satisfaction during treatment were recorded. **Result:** The time of fever, abdominal pain, vomiting and sleep in the treatment group was significantly better than that in the control group ($P < 0.05$). The satisfaction of patients in the treatment group was higher than that in the control group ($P < 0.05$). **Conclusion:** Dachaihu Decoction can effectively alleviate the symptoms of fever, abdominal pain and vomiting after TACE, improve sleep therapy and patients' satisfaction with treatment. It is worthy of further clinical research and promotion.

Keywords Dachaihu Decoction; hepatocellular carcinoma; TACE; therapeutic effect analysis

原发性肝癌是消化系统常见的恶性肿瘤之一,经调查显示我国为全球肝癌发病率最高的国

家,且多数患者发现时已是肝癌的中晚期^[1],该期的多数患者大部分在发现时已出现了肝内多发转

* 基金项目:吴阶平医学基金项目:(320.6TSO.15238)

** 通讯作者:杨洋,主治医师。E-mail:doctoryang1985@163.com