

三秦医药

编者按:三秦大地自古以来,人杰地灵,名医辈出,是中医药文化的重要发祥地,历史悠长,底蕴深厚;中药材资源丰富,素有“秦地无闲草”和“天然药库”的美誉;陕西作为“一带一路”起点,对于维护人类健康,促进中医药国际化,增进文明互鉴,推进人类命运共同体建设,拥有得天独厚的优势。为弘扬三秦中医药文化,振兴陕西中药材发展,借势“一带一路”推进中医药国际交流与合作,本刊自2019年起特开设“三秦医药”专栏,稿件内容将涵盖出生或生活在三秦大地著名中医药学家的学术思想与临证经验;民间中医诊疗技术、方药的研究评价与推广应用;中药的鉴定、炮制、制药、检测技术与老药工经验传承;基于经典名方、医疗机构中药制剂等的三秦中药材的开发与应用等。本期以春秋时期三秦名医缓医和为切入,谈中医之和缓为医。

医贵和缓,仓遽奚为?

——从秦医缓和,谈和缓为医

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摘要:医缓、医和是秦代活跃在三秦大地的名医。通常认为,“缓”“和”是二人的名字,而“医”是其所从事的职业。研究表明:“缓”“和”不仅是中国“最早的专职医生”,其中还寄托着对中医从业者的基本素质要求,那就是“医事贵缓,医道尚和”。

关键词:医缓;医和;和缓为医

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Medical Affairs Value Unhurriedness and Moderateness, Why in a Hurry? —A Discussion on Unhurriedness and Moderateness for Doctors from Doctor Huan and Doctor He in the Qin Dynasty

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Abstract Doctor Huan (unhurriedness) and Doctor He (moderateness) are famous doctors who lived in the Qin Dynasty. It is generally believed that “Huan” and “He” are the names of two people, and “Doctor” is the occupation in which they are engaged. The research results show that “Huan” and “He” are not only the “earliest full-time doctors” in China, their names also reflect the basic quality requirements for Chinese medicine practitioners, that is, medical affairs value unhurriedness, medical laws upholds moderateness.

Keywords Doctor Huan and Doctor He; unhurriedness and moderateness for Doctors

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