

文献研究

《石山医案》学术特色探析^{*}

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摘要:《石山医案》是新安医家汪机代表著作,该书集中体现营卫论,参芪说,固本培元,善于辨证,重视脉诊,巧用情志相胜法,三因制宜,强调学贵疏通,不可拘泥等学术特色。另外,汪机治病思路多继承了丹溪和东垣学说,在二者基础上加以发挥创新,并独成一脉。用药规律上,在重用参芪术补气益气同时,兼滋脾胃之阴;在对咳嗽的治疗上,效法东垣,温补之中不忘滋阴;在痰、气、血、郁诸证的治疗上,继承丹溪,但不拘泥于丹溪,随症加减,辨证处方。

关键词:石山医案;汪机;学术特色;方药应用;病案

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An Analysis of the Academic Features of *Shi-shan's Case Records*

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Abstract *Shi-shan's Case Records* is a representative of Xin'an physician Wang Ji's work. The book focused on the theory of ying-wei, of shenqi, attached importance to consolidating basis and pulse diagnosis, and was good at syndrome differentiation with skillful use of the theory of mutual conquer of emotions, meanwhile, it emphasized knowledge of different fields were interwoven and it was not suggested to rigidly adhere to academic characteristics. Besides, Wang Ji's thought of treating diseases inherited the theory of Danxi and Dongyuan, and made innovations on the basis of the two and achieved its own uniqueness. On the law of medication, while using shenqi to supplement and boost qi, spleen and stomach yin are also enriched. In the treatment of cough, Dongyuan's methods were followed, both warming and supplementing as well as yin enriching were adopted. In the treatment of syndromes of phlegm, qi, blood and stagnation, Dan Xi's methods were inherited but not rigidly adhered to, modification according to symptoms and prescriptions based on syndrome differentiation were the features.

Keywords *Shi-shan's Case Records*; Wang Ji; academic feature; application of prescriptions; medical case

汪机,字省之,明代徽州祁门(今安徽省祁门县)人。生于明·天顺七年(1463年),卒于明·嘉靖十八年(1540年)。汪氏居住祁门城内之石山坞(又称南山朴墅),因而号“石山居士”,世称汪

石山。汪机是新安地域有重要影响的一位医家,其一生著作甚丰,约有数十部。其中《石山医案》为其门人所辑,该书分上、中、下三卷,收录医案128例;另有附录一卷,收录医案48例。医案多为

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