

专家论坛

# 中国古代天地结构论与《黄帝内经》理论建构研究<sup>\*</sup>

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**摘要:**中国古代的天地结构理论主要有盖天说、浑天说和宣夜说,这三种学说作为《黄帝内经》理论建构的前见模式,通过传统天人合一的类比推理,形成了人体生命寿夭、针刺补泻、四海、人法四时等理论。搞清中医理论建构的这种思维方法,对于我们正确理解相关理论的实质,采用相应的方法加以研究,具有重要的现实意义。

**关键词:**古代天文;天地结构论;黄帝内经;中医理论

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## Study on the Relationship between the Theory of Heaven and Earth in Ancient China and the Theoretical Construction of *Inner Canon of Yellow Emperor*

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**Abstract** The theory of Heaven and Earth in ancient China covered theory of canopy - heavens, theory of sphere - heavens and theory of expounding appearance in the night sky. The three, as the foresight model for the theoretical construction of *Inner Canon of Yellow Emperor*, formed other theories such as theory of human life and death, theory of acupuncture reinforcement - reduction manipulation, theory of the four seas, theory of congruence of health maintainance with the four seasons and the like. To understand this way of thinking in the construction of traditional Chinese medicine theory has important practical significance for us to properly understand the essence of related theories and adopt corresponding methods to study them.

**Keywords** ancient astronomy, the theory of Heaven and Earth, *Inner Canon of Yellow Emperor*, TCM theory

中国古代天文学是构建时空坐标体系与中国传统文化的基石,因而在中医药理论的构建中也发挥了十分重要的作用。其中有关宇宙结构的认识,作为《黄帝内经》理论建构的前提与模式,影响

着《黄帝内经》理论的建构与演变,深入探讨二者之间的关系,对于正确理解与把握中医相关理论的实质,并借助现代科学手段开展研究,都有着十分重要的现实意义。

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