

方药纵横

独活的本草考证及常用药对^{*}

曹雯 李崇超^{**}

(南京中医药大学, 江苏 南京 210023)

摘要:通过历代书籍对独活的记载,整理归纳了独活的本草考证,概述了其祛风除湿、散寒止痛、宣通气道、化湿升阳、活血舒经、祛邪消痈等传统功效,以及对它分别与羌活、细辛、防风、秦艽、黄柏配伍形成的五种常见药对的临床运用的概括,以探明用药规律,拓展独活的用药范围,加强临床合理用药。

关键词:独活;传统功效;本草考证;常用药对;临床用药

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Herb Textual Research on and Common Pairs of Doubleteeth Pubescent Angelica Root

Cao Wen, Li Congchao

(Nanjing University of Chinese Medicine, Jiangsu 210023, China)

Abstract Through the records of doubleteeth pubescent angelica root in ancient books, its herb textual research was arranged and summarized. Traditional effects such as dispelling pathogenic wind and removing dampness, dispelling cold and relieving pain, ventilating airways, resolving dampness and ascending yang, promoting blood circulation and relieving rigidity of channels, eliminate pathogenic factor and resolving carbuncle were introduced briefly. The clinical application of 5 common medical pairs formed by doubleteeth pubescent angelica with incised notopterygium rhizome and root, with asiasari radix, with divaricate saposhnikovia root, with largeleaf gentian root, with amur cork-tree were also generalized, with an aim to investigate the rule of medication, broaden the medication scope of doubleteeth pubescent angelica root and strengthen rational drug use clinically.

Key words doubleteeth pubescent angelica root, traditional effects, herb textual research, common medical pair, clinical medication

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^{**} 通讯作者:李崇超(1979-),男,助理研究员,医学博士,从事中医方剂文献研究。E-mail:lcc311jw@126.com