

专家论坛

唐宋明清 5 部官修典籍有关脾理论的论述概要^{*}

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摘 要:为探索古典中医理论发展演变的脉络,本文以脾及其证治为切入点,对《外台秘要》《太平圣惠方》《圣济总录》《普济方》《医宗金鉴》等 5 部在我国医学史上具有里程碑价值的典籍进行初步整理研究,以期刻画出截至公元 1742 年以来脾脏生理病理及其证候与辨证论治的学术发展和沿革面貌。研究发现,脾辨证论治理论代有发展,但其基础理论却发展迟缓,突出表现为这些典籍一再引用《内经》《诸病源候论》等有关脾生理、病理论述,且罕见因基础理论探索推动临床学科发展的案例。研究还表明,藏象及其病机理论在中医基础理论中占有重要的地位。

关键词:中医基础理论;藏象;脾;病机;辨证论治

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A Brief Account of the Discussions on the Theory of Spleen in the Five Official Books of the Tang, Song, Ming and Qing Dynasties

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Abstract In order to explore the evolution of the development of classical Chinese medicine theory, this paper takes the spleen and its syndrome and therapy as the starting point, collects and studies five milestone classics in China's medical history: *Medical Secrets of an Official*, *Peaceful Holy Benevolent Preions*, *General Records of Holy Universal Relief*, *Preions for Universal Relief*, *Golden Mirror of Medicine*, with a view to clarify the academic development of the spleen physiological pathology, its syndrome and the treatment based on syndrome differentiation since 1742. The study finds that although the theory of spleen syndrome differentiation and treatment has developed, its basic theory is slow in the development. The distinct manifestation is the frequent reference to discussions on spleen physiology and pathology from *The Inner Canon of Huangdi* and *General Treatise on Causes and Manifestations of All Diseases* by the 5 books. Cases of development of clinical discipline promoted by basic theory exploration are rare. The study also shows that Zangxiang and its pathogenesis theory plays an important role in the basic theory of Chinese medicine.

Key words basic theory of Chinese medicine, Zangxiang, spleen, pathogenesis, treatment based on syndrome differentiation

古典中医理论是如何发展演变的? 历代中医基础理论有哪些发现、发展和贡献, 是否对中医各

学科产生过积极的影响? 这些是中医学的一些基本学术问题, 需要开展大量的文献研究。

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