

名老中医经验

杨鉴冰教授治疗输卵管阻塞性不孕的临床经验

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摘要:杨鉴冰教授采用中西医结合治疗输卵管阻塞性不孕疗效肯定。输卵管阻塞性不孕患者多因血瘀湿毒致冲任阻塞, 病机以虚实夹杂为主, 临床杨教授采用输卵管介入治疗、术后综合治疗及中药内服加灌肠, 妊娠率高, 再次黏连及宫外孕的几率极低。

关键词:不孕; 输卵管阻塞; 临床经验; 杨鉴冰

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Clinical Experience of Professor Yang Jianbing in Treating
Fallopian Tube Obstructive InfertilityLuo Tingtuo¹ Yang Jianbing²

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Abstract The definite effect of Chinese and western integrative medicine on infertility due to tubal obstruction has been clinically verified from the experience of Professor Yang Jianbing. The obstruction of chong and ren channels due to blood stasis and damp pathogens is the main cause of fallopian tube obstructive infertility and its pathogenesis is intermingled deficiency and excess. With the adoption of interventional therapy of fallopian tubes, comprehensive treatment after operation and Chinese medicine combined enema, the patients' pregnancy rate is high and the opportunity of salpingemphraxis readhesion as well as ectopic pregnancy is extremely low.

Keywords infertility, fallopian tube obstruction, clinical experience, Yang Jianbing

杨鉴冰教授为陕西省名中医, 陕西省第三批名老中医药专家学术经验继承工作指导老师, 从事教学、科研、临床工作 40 余年, 在中医治疗妇科疾病方面有其独到的认识, 辨证和用药灵活且临床疗效显著。笔者有幸成为老师的学术继承人, 跟随老师临床实践中受益匪浅, 现将杨鉴冰教授治疗输卵管阻塞性不孕的方法总结如下。

不孕症是困扰广大育龄期妇女的常见疾病, 且疾病的发病率在逐年上升。单纯女性因素占不孕不育总数的 50% ~ 60%^[1-2], 输卵管因素占不

孕的 31.6%^[3] (原发性不孕 40.3%, 继发性不孕 59.7%)。杨鉴冰教授在临床中采用中西医结合治疗输卵管阻塞性不孕疗效显著, 取得满意的妊娠率, 现对其治疗经验总结如下。

1 血瘀湿毒致冲任阻塞

各种因素引起的输卵管急慢性炎症是输卵管阻塞的主要原因, 其病机以虚实夹杂为主。现代医学认为急性炎症时管壁充血水肿、炎性渗出到管腔内, 管壁蠕动减弱、管壁内纤毛功能减退, 甚者发生管壁粘连而阻塞; 慢性炎症时局部组织增