

## 学术争鸣

# 传统文化自信与中医科学问题

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**摘 要:**人具有自然与人文、社会双重属性,因此作为以人为研究内象的医学就有科学与非科学属性。中医学总体上属于中国优秀的传统文化,长期保存了“亦科亦文亦哲”的特点,其中属于科学内容的部分,与西方医学在本质内容上是统一的,其衡量标准也不分东西,只有实践,因此,解决中医学科学问题,仅仅靠传统文化自信是不够的,要用合乎客观规律的科学方法,才能解决中医学的科学问题,这也是振兴中医的核心问题。我们在比较中西医文化差异的同时,必须着眼中西医科学方面的统一性。对中医学哲学文化,如阴阳、五行、道气等概念,应分别研究其哲学与非哲学内涵,应在马克思主义唯物辩证法指导下,借鉴现代科学和现代医学方法,通过基础研究和临床实践,对中医理论进行优化研究,逐步实现科学与非科学分化,假说向科学理论的转化,才能真正解决中医的科学问题,才是振兴中医之路。

**关键词:**中医;文化;科学

**中图分类号:**R22      **文献标识码:**A      **文章编号:**2096-1340(2017)03-0005-03

**DOI:**10.13424/j.cnki.jscetcm.2017.03.002

## Traditional Cultural Confidence and Scientific Problems of Chinese Medicine

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**Abstract** As human beings have double attribute of nature – humanity aspect and society, medicine focusing on people's intrinsic demonstration has scientific and non – science properties. Generally, Chinese medicine, one of fine traditional cultures, preserves its characteristics of “either science or literature or philosophy” for a long period, among which the scientific parts are essentially identical to Western medicine for both with the same measurement criteria, practice. The problem, whether Chinese medicine is science or not, is the key for revitalizing Chinese medicine by scientific method conforming with objective law not just by traditional cultural nature law. Meanwhile, when comparing the difference of Chinese and Western medicine, we must look at the unity of scientific parts in both sides. As for the Chinese medical concepts of philosophical culture, such as yin and yang, five elements, Dao and Qi, etc., we should explore their philosophical and non – philosophical connotations respectively with guidance of Marxist materialist dialectics. In terms of modern scientific and medical methods, combined fundamental research and clinical practice, Chinese medical theory will be optimized to gradually realize the classification of modern science and non – science and transformation from presupposition to scientific theory, with real solution to scientific problem obtained to make Chinese medicine thrive.

**Keywords** cultural confidence, Chinese medicine, scientific nature

中医药学从总体上来说,属于中国优秀的传统文化。但是正如我们说大枣是好东西,但是不能囫囵吞枣;分清枣核和枣肉不等于不爱枣子。

作为中医学,则具有自然科学性和哲学、人文、社会科学等多重属性,因此笼统地把中医药学说成“医学科学”,或者仅仅寄希望于对于传统文化的