

方药纵横

陕西地区适宜种植中药材资源调查及筛选报告*

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摘要:目的 筛选陕西地区适宜种植中药材品种。方法 通过对陕西境内的关中、陕南、陕北地区三个区域内的植物类中药材资源进行踏查、访问及调查,并查阅《秦岭植物志》《陕西中药志》《中国植物志》《中华本草》《全国中草药汇编》等有关资料,进行梳理、归纳。进而以全国规划教材《中药学》《中药鉴定学》中收录的中药品种,结合陕西省植物类中药材用药历史、生产规模、市场流通等因素作为筛选适宜种植中药材品种的纳入标准。结果 得到陕西省适宜种植中药材资源 37 科,78 种。结论 通过对陕西地区适宜种植中药材资源的研究分析,基本明确了陕西省适生中药材资源的科属、分布地域、功效等基本概况为陕西省中药材种植的进一步发展提供参考。

关键词:陕西地区;种植;中药材资源

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Investigation and Screening of Suitable Plant Resources for Chinese Medicine in Shaanxi Province

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Abstract Objective To screen suitable Chinese medicinal herbs varieties in Shaanxi province. **Methods** Through the expedition and investigation of plant resources of Chinese herbal medicines in middle part, southern area and northern area of Shaanxi Province, and going through the related referen Flora of Qinling, Chinese Medicine notes of Shaanxi province, *Flora of China*, and *Chinese Materia Medica*, and *National Compendium of Chinese herbal medicine*, the Chinese medicinal herbs varieties in Shaanxi province were sorted out and summarized. **Results** The results showed that 37 families and 78 species of Chinese medicinal materials were suitable for planting in Shaanxi Province. **Conclusion** Based on the research and analysis of suitable resources of Chinese medicinal materials in Shaanxi Province, the basic information of the genus, geographical distribution and efficacy of the suitable Chinese medicinal materials in Shaanxi Province are defined, which provides reference for the further development of Chinese medicinalo herbs planting in Shaanxi Province.

Key words Shaanxi Province; planting; Chinese herbal medicine resources

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